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Jamie McDonald returns to share his story Pages 3 & 36



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Brooke Apshkrum to compete in luge at Winter Olymics Pages 25 & 33



Canada Golden Fortune Potash Corp: Solution mine proposed for SE Saskatchewan

BY KEVIN WEEDMARK Canada Golden Fortune Potash Cor-poration is proposing a solution potash mine for southeast Saskatchewan. Golden mine for southeast Saskatchewan. Golden Fortune is a subsidiary of Shanghai Jingdi Investment Ltd., based in Shanghai. The company's Broadview Project is a pro-posed greenfield solution potash mine development that would produce about a million tonnes of potash per year.

million tonnes of potash per year. Solution mining differs from under-ground mining in that it involves inject-ing water underground to dissolve potash and other minerals, pumping the water with the dissolved minerals to the surface,

with the dissolved minerals to the surface, and separating the minerals from the wa-ter at the surface. The area of the Broadview project is more suited for solution mining than un-derground mining because it's far deeper than underground mines in the area, and the added heat and pressure at the depth of the ore body would make conventional mining difficult. The ore body in this case is at a depth of 1,500 to 1,600 metres. If the project, located south of Broad-view and north of Kipling, goes ahead, it would create up to 2,500 jobs during peak construction, and up to 180 permanent jobs once in operation. Golden Fortune started environmental

Golden Fortune started environmental baseline studies in 2015, and completed a scoping study and environmental impact assessment.

assessment. If the project is approved, the company hopes to start construction in late 2018 and be in operation as early as 2021. The mineral rights for the project covers Township 15 and Range 06, 07 and 08. Canada Golden Fortune has completed 2D and 3D seismic exploration, and eight exploration wells in the project area and finished the resource estimation. Golden Fortune is currently working

Golden Fortune is currently working on the detailed engineering design of the cavern development and plant process-

Steve McLellan, CEO of the Saskatchewan Chamber of Commerce, said the new potash mine would be a welcome addi-

"2,500 jobs during construction? Our economy could take that," he said. "A couple of hundred jobs permanently would be great for the whole region, and



A graphic rendering showing what the solution mine would look like

you have all the ancillary jobs-transpor-

tation, etc. "We have some of the best (potash) rewe have some of the best (potash) re-serves in the world, so if they're going to develop a potash mine anywhere in the world, Saskatchewan would be the place. "When you start to add some of the

when you start to add some of the metrics that places like Russia can add to save those mining companies money, less workplace safety issues, subsidized trans-portation, it does make it more competitive

"Right now the market is slower than would be ideal, but maybe this is the time to build, and be ready when the market goes up. If this project goes forward, it's good news for Saskatchewan.

"In the long term, the markets we sell to have to be committed to Saskatchewan and that would take a more universal trade deal. The TPP might have some ad-vantages to that.

"We need to get back to the point where we're the predominant player in the world, and right now with low markets, softer prices, and lots of production hap-pening, it's hard to get there.

"Our long term game has to be to posi-tion ourselves as the providers of the best product with the best logistics and very very competitive prices. "Even though the potash market has been softer, there are thousands of people

every day who go to work in or around a potash mine.

"Mosaic's employment and their com-mitment to the community, and the Nu-trien merger building on PotashCorp's commitment to the province and their communities is something the province can be provided

combunities is something the province can be proud of. "Potash is a huge industry and it's vi-tally important to the economy. Potash is one of our biggest and most important economic drivers, and anything that can add to that industry will be good for the province."

"The potash mines you already have in southeast Saskatchewan are some of the best producing and most efficient mines we've got. Those companies are going to keep them going. The employment base leads to the stability of the real estate and the stability of the retail sector that you have in places like Moosomin, and that's not going to change. As the premier liked to say, I like our chances in the long run."

Moosomin MLA Steven Bonk savs he is enthusiastic about a proposed solution potash mine in southeast Saskatchewan. I'm reasonably familiar with the propos-l," said Bonk. al,

"The government of Saskatchewan is encouraged by the progress that's been made so far, and we definitely offer our assistance in helping them in the future.

How can the government help with a project like this? "We can answer any questions they have on the permitting process and the environmental study—any process-related questions."

Bonk said he is encouraged by the work the company has put into the project so

far. "We're very encouraged by the progress they've made to date," said Bonk. "This project is very important for our constitu-ency in particular but also in promoting Saskatchewan as one of the best mining jurisdictions in the world." Saskatchewan has come at or close to the top in preast surveys of mining jurisdictions

the top in recent surveys of mining juris-dictions around the world, in terms of at-tractiveness for investment.

tractiveness for investment. "That's largely because of the ease of doing business here," says Bonk. "We have necessary but limited regulation, and then we get out of the way. We let private companies do what they do best, without government interference. "We're also proactive in managing ex-pectations of these companies as well as helping them prepare for their environ-mental impact statements, feasibility stud-ies, detailed environering. infrastructure

ies, detailed engineering, infrastructure and water-those kinds of things. We're very proactive in helping businesses." Continued on page 5







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After running across Canada to raise money for children's hospitals: Jamie McDonald returns to share his story



BY KEVIN WEEDMARK Five years ago, Jamie McDonald came running across the Canadian prairies in the middle of win-

ter. The Brit had already biked from Thailand to England and set the world record for con-tinuous cycling to raise money for the children's hospital that helped him as a child.

Now he was running across Canada to raise

across Canada to raise more money, but was not prepared for the weather. Elkhorn's Jolene Toder Started a group of "Mama Bears" to watch over Ja-mie and try to keep him safe as he travelled across the Prairies, stopping at schools along the way to share his story. It mostly worked—the only permanent damage

only permanent damage from his cross-Canada run was losing part of his nose to frostbite.

He completed the trip, and managed to raise \$500,000 for Canadian children's hospitals along the way. Now he has written a

book about his adven-tures and is on a book tour, stopping at many of the places he spoke on his first trip across Canada. On Jan. 22, he returned to Elkhorn School, and on

Jan. 23 he spoke at Wa-pella School. In an interview after he

spoke at Elkhorn School, he said he started his cross-Canada run on a whim, and didn't do a lot

of advance planning. "Five years ago when I was flying into St. John's I was on an airplane and I was absolutely terrified because I was just about to start the run. I sat next to this woman who was a Newfy and she said

what are you doing flying into St. John's' and I said 'I've come to run across Canada I think' and she's like 'are you joking?' and I was like 'no, I think it is happen-ing' and she said 'well, where are you staying?' and I said 'I have no idea' and she thought about it for ten seconds and then she said 'fine, well, you're staying with me and her husband picked us up

Aaron Flynn

Above, McDonald speaks to younger students at Elkhorn School. at the airport. Then fly-ing in to St. John's this time, four and half years later, they're at the airport there to pick me up and then reminisce." Jamie says he is a dif-

ferent person today than when he started the run. "I now know here is

more in me then I ever realized," he says. "There

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is a belief now that I can achieve anything and I guess before the run I would be lying if I didn't say I wasn't sure I could say I wasn't sure I could make it. I know my life purpose now. I know why I've got to wake up every single day and I think that is happiness. "I am retracing the route but now I'm in a car

and I've since got heat-ers and I'm driving the exact same route of the run. So I'm meeting with all the people that helped me through, ran with me, and took me into their homes—I'm now kind of rekindling those friend-ships again.

Continued on page 36 🖙







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Canada Golden Fortune Potash Corp: Bonk enthusiastic about proposed mine

Continued from front Bonk has met with the Canada Golden Fortune Potash Corporation officials, and is encouraged by what he has heard. "They're very gung-ho and we're look-ing forward to working with them. As I say, though, we want to manage expecta-tions, and it's a challenging market right

now in the potash field. But we're defi-nitely encouraged by the progress made so far.

"It's in the study and evaluation phase, so it's one of the early phases of project approval. They'll need to make an envi-ronmental impact statement, as well as secure financing, and have their engineering approved, and SaskWater will have to approve their water usage. But everything seems to be progressing at the moment.

"I would absolutely be happy to see this project go ahead. I think it would be great for our constituency, and the province as a whole.

there are so many interesting proj-ects coming forward now, I think 2018 is going to be a very good year for Sas-katchewan. We have a lot of value-added projects in the ac coster contract. projects in the ag sector coming on, in processing fractionation, fibre—there is a lot of interest in the ag sector, as well as in the mining sector.'

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Above: The area marked in blue on the map is the area within which the company would be allowed to mine potash.

Below: The Canada Golden Fortune Potash Corporation open house at Broadview in January.





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Comedy show a fundraiser for Rocanville hall

Two comedians will hit the stage at the Rocanville Community Hall on Friday, Feb. 16, and one of them—Jasen Fredrickson— has roots in the area and says he is looking forward to the show, which is a chance to

forward to the show, which is a chance to raise money for the new hall. "My mom was born in Moosomin. My family is out there, and Owen (Wilson) is my cousin," says Fredrickson (Wilson helped organize the comedy show). "We come from a big family with a lot of cousins. Our grandfather and grandmother had five kids, and just in Owen's family he has three brothers and a sister and they are starting to have kids as well." have kids as well."

Fredrickson lives in Calgary, but says coming back to Rocanville always feels like coming home for him. "There is a little bit of down home feel

because 1 summered in Rocanville. I spent a lot of summers in Rocanville. I spent a lot of summers there coming from Alberta and travelling out there," he says. Fredrickson is in his 24th year of perform-ing as a comedian, and has been a profes-tional benefities for abutt 15 of the surger

sional headliner for about 15 of those years

"I'm at the point in my comedy show where I'm promoting shows now, and I'm producing shows," he says. "I'm leading the professionals/amateur night at Yuk Yuks, and right now it's going a couple times a month.

'Every comedian has their own style and delivery with their own material. Mine is mostly observational, based on my life.

'The comedy show itself-we're going to make them laugh, and that's a guarantee. It's going to have topics that everyone can be able to relate to, and that's what come-dians should be doing is trying to develop material that is universal, that hits the most

"As far as the style, it's just sort of my own personal observations and weird sort of sense of humor that I've developed. I like to make people laugh and that's really what it comes down to." Fredrickson has performed in Rocanville

before, and says the show went well, but he hopes he is even funnier this time. "I think the comedy has become more

polished and more refined and I like to think I progressively get funnier each time



Jasen Fredrickson, left, and John Bisbikos, right, will be performing in Rocanville on Feb. 16.

people see me," he says.

"I like going to small towns because I think they re more inviting and welcoming, and there's a community feel in the smaller towns, plus I have family out there, and you can't beat that.

"In the city you just get lost, you just be-ome a number and people objectify you a little more.

grew up small town and now I live in the city, but my heart is still with the small town. I like to get out of the city and the

"I find it's more comfortable being around a tighter community like that. As far as the entertainment, it's at a premium when you go to a smaller community, and when you go to a smaller community, and everybody goes out to the same thing, and it's great to see and it's fun to be part of. When I'm performing that night, I know that's the event in the area, that's what's going to be going on and that's the place to be."

Comedian John Bisbikos will be opening for Fredrickson in Rocanville, and Fredrick-son says he's glad to have Bisbikos join him. "As far as a small-town crowd it's about

putting them at ease before getting into the Show, making them comfortable, and then show, making them comfortable, and then they know what to expect," he says. "That's why I'm thankful John's going to be there to open for me. "There are a few things that come into a late of the says and the few says and the says and the

play (when choosing an opening act). As far as the show is concerned, do I think he can get in front of a small town crowd and make get in front of a small town crowd and make them laugh? Is he comfortable enough do-ing that? How many times has he per-formed? Does he have the experience in front of the crowds and does he have good experience? It isn't just getting in front of crowds. It's getting in front of crowds and being able to make them laugh.

being able to make them laugh. "Twe performed with John before, I've seen him before, and I've seen his tenacity and I know his personal-ity. And I have travelled on the road with him as well, and that's a big part of it. We are going to be hopping in the car for nine-plus hours together, so can I tolerate this guy, can be tolerate me are we come to this guy, can he tolerate me, are we going to get along, can he drive a standard?" he says with a laugh. "I like John, and he's moving his way up

the comedy chain and he wants to do this. and I think it's another opportunity for him where he wouldn't otherwise be able to perform that weekend." Fredrickson has had a number of jobs in

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his lifetime, including serving with the Ca-nadian military. He currently works in IT at an oil and gas company and does his comedy on evenings and weekends. What led him into comedy?

"Growing up I've always loved comedy and watching comedy on television," he says. "There was 'Evening at the Improv' when I was growing up, and then there were the standup comedians who had specials on where you'd watch three or four comedians. This was even before 'Just For

Concentrations. This was even before 'just For Laughs' was putting stuff on TV. "Tve always loved watching comedy, I've always loved hearing people laugh, I love making people laugh, I love theatre, I love performing, so it's always been that way with me." with me.

Owen Wilson, who is Fredrickson's cousin, and who is organizing the comedy show for the Rocanville Community Hall Committee, says the committee thought a com-mittee, says the committee thought a com-edy show would mix things up a little bit. "We're still working on fundraising for the hall so we can't just always have a caba-

the hall so we can't just always have a caba-ret, we wanted to switch things up a little bit. We wanted something a little bit differ-ent than a band," he says. "We printed 300 tickets and it would be great to sell all those, but anything 100-plus is going to be a good show. "It just supports the hall and the commu-nity. It's just another evening out. "Every dollar is a good dollar. If we could raise a couple thousand it would be great." Wilson says Fredrickson's last show in Broanville went over well

Rocanville went over well. "Him and another guy came last time

and they both put on a pretty good show, he says. The show takes place Friday, Feb. 16 at

8:30 pm. Doors open at 7:30 pm. Tickets for the show are available at Con-exus Credit Union in Moosomin and Rocan-

ville, at Decker's H20 in Rocarville, or by phoning Owen Wilson at 435-9596. All of the proceeds from the show will go toward the Rocarville Community Hall.





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Raymond wins gold with Team Canada in Texas

BY KARA KINNA Moosomin Generals product Nathan Raymond said he was excited to compete at the North American Football Champi-onship in Dallas, Texas in January as part of the Canadian U18 national team. The 17-year-old offensive lineman from Roducer was chosen for the U18 national

Redvers was chosen for the U18 national team for his second year in a row based on his performance on Team Sask at the Canada Cup tournament in Winnipeg last summer, where Saskatchewan came in second.

second. "I just had all the stuff they were look-ing for again and performed well enough at the Canada Cup this summer and got the call again," says Raymond. "It's a pretty big deal. Not many people even get chosen once, so to be chosen twice for a team like this is pretty awesome for me

"It is definitely something that is a big step for me in my career to be able to play step for me in my career to be able to play at this high calibre twice. It's also some-thing that really gets your name out there. The big thing that I like most about it is the competition, the talent that your com-petition has down here. Plus you are prac-ticing all week with the best players out of Canada at this age level, and then you are able to play against the best players in are able to play against the best players in America at this age level. You learn a lot,

Anterica at this age level. For learn a lot, there are great coaches and a lot of great players this year, so you learn a lot." Players on the team spend the week working on their skills and prepping for a Canada vs U.S.A. game. "When you first each berg we had a big

Canada'vs U.S.A. game. "When we first got here we had a big combine with all the players out here. And then there are a lot of practices and a whole lot of meetings just to get the team together to make sure we know what we are doing, and then honing our skills to play team U.S.A." Last year Team Canada fell to the U.S. team. This year team Canada fell to the U.S. team. This year team Canada fell to the game was played at the AT&T Stadium in Dal-las.

"To win against the U.S. this year was simply amazing," says Raymond. "It was definitely the redemption we needed and wanted after the tough loss of being blown



Nathan Raymond on the field at AT&T Stadium in Dallas, Texas after winning gold with Team Canada at the North American Championship.

out last year. "The entire team executed almost perfectly in every aspect this year and we just played good old Canadian football for 48 minutes that the Americans couldn't keep

minutes that the Americans couldn't keep up with this year. "It was the best team I'd ever been a part of, the best group of O Linemen, and an amazing group of coaches to top it off. What a phenomenal football experience. Each and every one of us football players should thank our supporters, followers, coaches and most importantly. our parcoaches, and, most importantly, our par-ents for getting us to this point."

Aside from competing against Team USA, the game is also a chance for players to be scouted, and also get a shot at mak-

ing Canada's junior national team for a chance to travel to China. Raymond has already signed with the University of Regina Rams for next sea-son, and says for him it's more about the current of the search of th experience.

"At a level like this there are definitely a lot of scouts out. Seeing as how I have already committed to the University of Re-gina, it is just the overall the experience of

gina, it is just the overall the experience of coming down to a place like this to play in a tournament of this caliber that is the big thing for me," he says. "The coaching staff once again is amaz-ing as they always have been. It is just a great group of coaches that they select to lead this group of the best players in Can-ada, so it is an overall great experience to be down here. I'm very honoured to be se-lected for this again and to be able to come down to a place like Texas to keep playing football over the winter. A lot of people would dream of doing that and we get to live it." live it '

Since stepping onto a football field with the Moosomin Generals, Raymond has

the Moosomin Generals, Raymond has been aiming at one day playing pro. "The ultimate dream would to be to eventually go pro some day. I just like to take it one step at a time and break it up to a new challenge every year as a player and as a student. My big challenge was to win this game and then next year hopeful-ly crack the starting squad of the Rams if that's possible, and then keep up my per-formance as a student." formance as a student.





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vocational pathways at Canadian Mennonite University

COMPILED BY AARON EPP A practicum—a work-integrated learning experi-ence—is a degree require-ment within all Bachelor degrees at Canadian Men-nonite University (CMU). Alongside BA studies, and including CMU's Bachelor of Music and Bachelor of Business Administration degrees, practicum experiences enrich learning and provide students with op-portunities to discern voand cational calling and career paths. CMU connects with over 500 local and international community partners. Below, two recent alumni reflect on how they have connected their degrees with their practicum experiences to open career opportunities

Craig Neufeld

('16) BA, 4-year, Commu-nications and Media Practicum: Red River Val-

ley Echo, summer 2015 Currently: Sales and Mar-keting Representative, Friesens Packaging, Altona, MB Studying Communica-tions and Media at CMU made it clear to me that communication is at the heart of everything we do. Whether it's work, relationships, sports, or life in gen-eral, communication will always be at the forefront. My

practicum as a reporter for the Red River Valley Echo also helped shape this view. As a reporter, I did a lot of interviews. I took those interviews and turned them into stories for the public to read. A poorly executed in-terview and a sloppy article hold no value, so strong communication skills were needed in developing ques tions, creating a comfortable atmosphere for the inter-viewee, and then relaying the story to the public. Both CMU and the Red River Vallev Echo taught me how to be clear and concise, and I carry that with me today as I work as a salesman for Fri-

esens Packaging in Altona, MB. Making phone calls and typing emails are my avenues into building relationships with a wide range of people, and being able to do so clearly and concisely is a large part of what allows me to be successful.

Esther Derksen

('16) BA, 3-year, General/ Sciences Assiniboine Practicum:

Park Zoo Veterinary Hospi-tal, 2015-16

Currently: Studying at Western College of Veteri-nary Medicine, University

of Saskatchewan When I first arrived at CMU, I felt I was fulfilling my parents' wishes; this was a means to an end. I had decided I wanted to be a vet-erinarian, and the only thing that kept me from going to vet school was knowing that at least CMU offered the science classes constituting vet school prerequisites. Besides these necessary courses, classes on food, peace, and philosophy lectures— all with an explicit faith focus—became common in my schedule. In retro-spect, this was no accident,

time for my interests

time for my education

and I can only be thankful I wasn't more stubborn and contrary. In my third year, I did a practicum with the veterinarians at Winnipeg's Assiniboine Park Zoo. This was my first exposure to ecosystem health and con-servation medicine. My mind exploded. For a long time, I'd felt the need to do something in the conflict that exists between agricul-ture and care for the Earth. Here, as a veterinarian, I could see a future. CMU de-manded an evolution from me, though it took me time to recognize it. to recognize it.



Craig Neufeld



Esther Derkson





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Wide Open: a world of opportunities for students in agricultural and food sciences

Students join the Faculty of Agricul-tural and Food Sciences at the University

of Manitoba for many different reasons. Some want to learn more about how to Some want to learn more about how to help feed the world by developing new crops, or improved ways to use existing ones. Or, they are interested in learning how to create new food products, or how to promote nutrition and healthy eating. They might want to expand their knowledge of animals, or perhaps even start working toward becoming a veteri-narian. Others are interested in learning more about the business of agriculture, and how to manage an enterprise. For

and how to manage an enterprise. For some, the focus is on the environment, and the best ways to protect delicate ecosystems while producing safe, healthy and nutritious food. Whichever of these a student chooses,

Whichever of these a student chooses, our Faculty provides the opportunity for students to receive an applied science education that will open doors to a broad range of dynamic careers. Adelle Gervin grew up on a small beef farm near Virden and has always had a love for animals. Initially interested in the Pra-Vaterinary Madicine Program her in-

Pre-Veterinary Medicine Program, her in-terest in the diverse sector that is agriculture grew and she has since switched her pursuits to the four-year Animal Systems degree. For Adelle, the best part about her program so far is the extensive "out of classroom" learning involved. "This term, I have visited several dif-

"This term, I have visited several dif-ferent beef operations, an elk farm, a bi-son farm, a sheep farm, and a provincial processing plant," she says. She adds there are also opportunities for practical experience at the Universi-ty's very own research farm. Located just 20 kilometres from campus, the Glenlea Research Station includes livestock fa-cilities, dairy pastures and plot areas for Plant Science, Soil Science and Entomol-ory.

Once she gets her degree, Adelle looks forward to working in the beef sector ei-ther making feed ration formulations or in animal welfare with a focus on mini-



mizing animal stress and improving

meat quality "As a thriving industry, agriculture has endless job opportunities that I will be qualified for at the end of my degree," she enthuses.

After graduating from high school in Rossburn, Drew Luhowy wanted to ex-pand his knowledge of agriculture, both at the farm and industry levels. "I wanted to learn and, more impor-tantly, understand why certain decisions with schemet of the sch

tantly, understand why certain decisions are being made," he says. Drew chose the agribusiness option of the Diploma in Agriculture program at the Faculty of Agricultural and Food Sciences. Both of his parents are alumni of degree and diploma programs in the Faculty, so he admits that played a factor in his decision

"However," he adds, "the agriculture programs at the University of Manito-

by the control of the an environment for student success. His



Drew Luhowy from Rossburn

advice to those considering entering the

Diploma in Agriculture program? "Give it a shot! You will never regret a decision to further your education. Be-yond the classroom, you will meet peo-ple and make connections that will last vour lifetime.

your lifetime." The Faculty is home to a number of thriving, student-led organizations pro-viding students opportunities to truly make a difference while they enjoy great social events and create those lifelong timedobine. Students eaculatly narticifriendships. Students regularly partici international exchanges, competitions and international exchanges, opening up a world of opportunities outside the classroom.

Drew has always envisioned return-ing to the farm and working within the agriculture industry in some way. Look-ing ahead, Drew plans to carry on into an

The Faculty of Agricultural and Food Sciences offers diverse programs where students are able to focus on what mat-ters to them, whether it's environmen-

or food safety. Along the way, students build the skills and knowledge that can take them from the field, to the research lab, to the boardroom. The programs al-low students to combine science and business to innovate, to find solutions, to answer challenges, and to improve the lives of people in Manitoba and around the world.

the world. The work is exciting and meaningful and students are in high demand, with 73 per cent working full-time summer jobs. The Faculty houses modern, world-class facilities and cutting-edge technology that provide a foundation for students to build the skills and knowledge they need to pursue careers in aeribusiness, with to pursue careers in agribusiness, with food and beverage companies, at finan-cial institutions, trading companies, and government. For students of Agricultural and Food Sciences, the options are—liter-

and Food Sciences, the options are—liter-ally—wide open. The application deadline for direct (straight from high school) entry into the Faculty of Agricultural and Food Sciences with studies commencing Sep-tember 2018, is March 1. Advanced en-try students—that is those coming after one year of study at Brandon University or other post-secondary instituton—can

one year of study at Brandon University or other post-secondary institution—can apply by May 1. The Faculty of Agricultural and Food Sciences offers over \$700,000 in awards and bursaries to students enrolled in the programs offered by the Faculty each year.

Additionally, students who have graduated from a Manitoba high school can apply for the Centennial Entrance Scholarship regardless of entry mode or pro-gram. This year, 11 students coming into the Faculty will receive \$2,000 towards their tuition.

For more information, contact Student Services at the Faculty of Agricultural and Food Sciences at 204-474-9295 or send an email to aginfo@umanitoba.ca. To learn more about our programs and to read more of our student profiles, visit www.wide-open.ca

tal stewardship, animal and plant care, commodity markets, human nutrition,

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The aircraft was primarily designed for training but is also frequently rented by pilots. Its slow speed and easy handling make it ideal for the recreation pilot. Cost per/hr: \$149.00

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After you complete your licence it is not necessary that you purchase an aircraft to keep flying. Leading Edge Aviation has a fleet of modern, well equipped aircraft available for rental purposes.



Cessna 172M

This is a 4 place version of the Cessna 150. The larger engine and more cabin space make it ideal for cross coun-tries. This aircraft is used for training, charters and rentals. Cost per/hr: \$179.00



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ofRegina



Students of the UR Guarantee at the University of Regina. From left, Rachel Meana,Shelby Piechotta, Baohui (Jocelyn) Jia, Edwin Seto and Tea Gerbeza

The UR Guarantee Program

The UR Guarantee program at the University of Regina is designed to support students through every step of their university experience by empowering them to achieve their educational, career and life goals. The program provides support to students from first year to academic program completion, preparing them for carer after university. For current UR Guarantee international student Baohui Jia, this program has no support to adapt to life on campus and fired saw. To international student Baohui Jia, this program has no support to adapt to life on campus and find many of these activities and the pro-

For current UR Guarantee internation-al student Baohui Jia, this program has helped her to adapt to life on campus and make the most of her time at the Univer-sity of Regina. "When I came to university, my main challenge was homesickness." my main challenge was homesickness," says Jia. "This was because that was my first time leaving my family and coming to another country by myself. It was scary

find many of these activities and the pro-gram is also awesome because students can get an additional free year of classes if they cannot find a career job within six months after graduation," says Jia. Find more information about the UR

guarantee at visit uregina.ca/urguarantee.



Learn more at urconnected.uregina.ca



Luther College Residence: Make yourself at home

"I love the community feel of the Luther Residence. I have lived here for three years because of the 'family environment' where you are able to connect with students who have similar interests and backgrounds from all over Saskatchewan, Canada, and the world.

- Brenden Easton

The Luther College Residence makes it easy for you to feel at home by providing independence, convenience, and the abil-ity to connect with new friends who feel like old ones. What better way to enjoy the Inte old ones. What better way to enjoy the full Luther experience than to live here? All University of Regina, Luther College, Campion College, First Nations Univer-sity of Canada, Saskatchewan Polytech-nic, and other post-secondary students are welcome to apply on a first-come, first-served basis.

Our private fully-furnished rooms are right on campus and come with free wifi, free local phone calls, and free laundry. We have secure living conditions with easy ac-cess to 24-hour residence staff who create and facilitate social activities and events throughout the year. The Luther Residence also features an all-you-care-to-eat meal plan at the Luther Cafeteria, where we ca-ter to a wide range of dietary needs—all you need to do is ask. Our culinary team Job need to do is ask. Our climitary team led by Chef Moe provides the most com-prehensive and economical post-second-ary meal plan options in Saskatchewan. Students living in the Luther Resi-dence can choose from one of three meal

plan options, with current plans ranging



A private dorm room at the Luther Residence.

per semester from \$1,700 (a lite plan of per semester from \$1,700 (a lite plan of approximately 8-10 meals per week) to \$2,400 (a full meal plan including 19 meals per week). Luther's all-you-care-to-eat ex-perience includes a variety of fresh, from scratch, nutritious home-cooked entrees, scratch, nutritious nome-cooked entrees, sides, salad bar, soups, drinks, and des-serts. It's a great option for student ath-letes, busy students, and students experi-encing their first time away from home. We know students have busy schedules

and fast-paced lives but want more than



Students having lunch at the Luther College Cafeteria.

fast food. We believe convenience means providing unlimited all-day access to real food options. That's why the Luther Cafeteria is open from 7:00 a.m. to 7:30 p.m. on weekdays and from Noon to 6:00 p.m. on weekendys and holi door in addition, our 14 and 19 meal per week plans include a bonus \$150 each semester to use at University of Regina food vendors and a bonus \$200 each semester to use at Luther's Connection Café coffee shop. No other food service on campus offers such a compre-

service on campus ofters such a compre-hensive service at prices so affordable. Luther Residence students also have the opportunity to apply to be part of the Pre-Professional Living-Learning Com-munity (LLC). This LLC is an exciting col-laboration between Luther College and the University of Regina Housing Ser-vices. It is designed specifically to support students programs students pursuing professional programs in the Health-Sciences. Not only will you live together with other pre-professional Inve together with other pre-protessional students, you will also receive a reserved spot in a specialized Science-themed Eng-lish 100 course, networking opportunities with professionals in your interest area, social activities, and more. To celebrate the opening of our newly renovated residence, we are excited to be offering \$20,000 in Residence Awards for Luther, residence, we have a social set of the set of the

Luther-registered students who also ap-ply to live in the Luther Residence. This initiative is a part of our ongoing commit-ment to student success and is included in the \$100,000 of awards available to Luther students each year, in addition to Univer-sity of Regina scholarships.

"I love the community feel of the Luther Residence. I have lived here for three years because of the 'family environment' where you are able to connect with students who have similar interests and backgrounds have similar interests and backgrounds from all over Saskatchewan, Canada, and the world. Also, now that the Luther Caf-eteria is open from 7:00 a.m. – 7:30 p.m. during the week, I can eat real food at a time that works best with my class sched-ule which is great—not to mention no dishes to clean," says Brenden Easton, third-year Luther Arts student, and third-year Luther resident

third-year Luther Arts student, and third-year Luther resident. "Not having to cook for myself and the free laundry on site are just two of the many conveniences that I've found at Lu-ther," says Treighton Litzenberger, third-year Business Admin student, and third-year Luther resident. "I have made many friends while eating in the Luther Cafetefriends while eating in the Luther Cafete-ria or socializing in the student lounges and common areas. There are always residence events throughout the semester for you to get out and enjoy, and take a break from studying. I have found that living in the Luther Residence has taken some of the pressure off of going to university through the friendships that I have made, and the support networks that are always around."

We hope you are as excited about living at Luther as we are about having you live here! For more information, visit www. luthercollege.edu/residence, email residence@luthercollege.edu or call our residence services staff at 1-306-585-5333 and ask for Andrea or Rhonda.

Meals, laundry, and lifelong friendships included

LUCEST

Pay for your Luther Residence Fee by Aug. 15 & SAVE UP TO \$225! luthercollege.edu/residence







St. Peter's College: Live your education

An imposing structure rising above the aspens and evergreens that line Highway 5 in central Saskatchewan, Mi-chael Hall is the flagship of St. Peter's College. The building inspires awe and curiosity to those travelling through the area. Long-time residents of the region are familiar with St. Peter's histori-cal and cultural significance. For more distant travellers who venture off the highway, they are delighted to find both stunning architecture on a picturesque campus and a modern, vibrant univer-sity college preparing students for their academic and professional futures. These visitors soon come to understand St. Peter's watchwords: Live Your Edu-cation!

cation! The most common question is "What does St. Peter's College offer?" The short answer is "Lots!" As a long time

affiliate of the University of Saskatch-ewan, St. Peter's College has evolved from a one-time boarding high school to a technologically state of the art full service campus. As for the programs, St. Peter's is proud to offer complete first year programming for all direct entry University of Saskatchewan colleges. That means the Colleges of Agriculture and Bioresources, Kinesiology, Arts and Science, Engineering, and the Edward School of Business are all at St. Peter's College Our covert ad diffuse direct the St. School of Business are all at St. Peter's College. Our newest addition, direct entry College of Education, presents prospective teachers with a unique op-portunity. Thanks to the cooperation of area school divisions, St. Peter's Educa-tion students in their first year will be involved in a mini-internship in rural schools. This is a wonderful chance for schools. This is a wonderful chance for schools to gain enthusiastic pre-pro-

fessional supports and for soon-to-be teachers to gain valuable insights into their chosen profession. With the Benedictine traditions upon

which the College was founded very much intact, visitors to St. Peter's will discover what locals know—that the College and Abbey are the heart of a vibrant community. The sports com-plex buzzes throughout the year with hockey in the rink, and soccer, basketball, volleyball, and many other sports in the spacious gymnasium. The well in the spacious gymnasium. The well equipped fitness centre and modern racquetball court ensure that students

have plenty of ways to exercise their bodies as well as their minds and spirits. Finally, the fully furnished and ren-ovated residence wing, complete with full food service, means that students can beat the winter blues by having all the amenities under one roof.

the amenities under one roof. St. Peter's College, on the outskirts of the growing city of Humboldt, Sas-katchewan, invites friends new and old to visit its historic campus and ex-perience first hand the many natural wonders of the region. It's truly a place where we invite our students to "Live Your Education!" Your Education!"



Students of St. Peter's College



St. Peter's renovated Academic Centre of Excellence



- The St. Pete's Advantage ...
- Exceptional Instruction
- Friendly Supportive Environment
- Small Class Sizes
- Beautiful Rural Campus
- Student Residence
- Exciting Student Life
- Access to an additional \$70,000 in awards and scholarships

Apply by Feb 15th 2018!

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For full scholarship access

Begin your university education in... Fullfill admission requirements to...

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- Engineering
- Agriculture
- Kinesiology
- Commerce
- Writing
- Criminology & Addictions

Book your tour today!

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From first-year university to health care and the trades Southeast College offers a wide range of options

First-year U of R classes being offered at Southeast College

Southeast College is now offering students a chance to take first-year University of Regina courses at their local Southeast College campuses and students are taking advantage of these classes for a number of reasons.

Moosomin's Shelby McGonigal took English and Sociology classes through the U of R at the Southeast College campus in Moosomin last fall. McGonigal planned to go to hair school next year as a back up trade before pursu-ing a degree in either business or social work. She said she wouldn't be taking university courses at all if they hadn't been offered locally.

been offered locally. "I'm going to hair school next year and it's really expensive, so I decided I'd save my money for hair school and then I don't have to pay rent this year," she says. "I want to get a degree in business or social work." The university classes at Southeast

The university classes at Soutneast College are being taught via Skype, with one professor teaching a class to all of the Southeast College campus locations, and students tuning in from each location. Some of the courses are also offered online.

McGonigal said she was enjoying the small classes. "In my one class there's only two of us and in the other one there is only two fus and in the other one there is only four," she says. "It's easier to ask a direct question to a classmate without having people talk. We watch it over Sky-Itaving people talk. We watch it over Sky-pe. If we have a question we can just turn on the microphone and ask the teacher because their classes are also small. The prof is in Weyburn."

McGonigal says there are also signifi-cant cost savings to taking her first year

"It's way cheaper than going away. There's less expense and the classes aren't as expensive online. It's just a way cheaper route if you're wanting to go on to further schooling. "I would recommend taking your first

year here if you can because you save a lot of money and it's just a chance that not a lot of people would get, but if you have it in your community why not ben-efit from it?"

Kelly Brown, who lives near Whitewood, says having first year U of R class-es available in Moosomin means she has

es available in Moosomin means she has an opportunity to further her career that she would otherwise not have. "I'm currently a licensed practical nurse so now I'm working towards my Bachelors degree in nursing to be an BU" abcourse RN," she says. "I have a three-year-old at home and I

Just had a baby four months ago, so not having to move to the city and being able to stay at home and have family support makes this way more possible for me right now."

Brown savs there is no way she could Brown says there is no way she could take university courses if they weren't of-fered locally. "I don't think I could make it work. I couldn't move to Regina with a newborn," she says. "I don't know how I could do it if I doin't have these classes in Moosomin." Brown doesn't hesitate when asked

what she'd tell others about taking the university classes at Southeast College. "Do it," she says. "Because the first year "Do it," she says. "Because the first year will save you a whole year in whatever city you are going to. You can still work. You can still live with mom and dad if you are just out of high school. You can save up more money. It would prob-ably save you around \$10,000 doing it in Moosomin rather than going to Regina. Do it " Do it '

Do it." Tyson Nobert from Rocanville is tak-ing first year classes at Southeast College with the aim of getting his Bachelor de-gree in Business Administration. Why take his first year at home?



From left, Tyson Nobert, Thunderbird Bowering, Shelby McGonigal, and Kelly Brown taking a University of Regina class via Skype at the Southeast College campus in Moosomin.

"I live in Rocanville. It's nice and convenient. And it was cheaper. It saves a lot of money. I did the math. It was about \$10,000 by the time you figure in food, living costs, gas or transportation costs, just the standard living stuff, it's expensive," he says.

Nobert says nothing should stop you rom taking first year university courses this way. "Don't hesitate, do it," he says. "It's a

great program, you get your first year, it's great to have education reach out this far east in Saskatchewan. It's just great all the way around. I can't say enough good things, and I really have nothing bad to say about it."

About Southeast College and its programs

Southeast College has campuses lo-cated in Moosomin, Estevan, Weyburn, Assiniboia and Indian Head, Saskatchewan. It also has a learning centre located in Whitewood.

in Whitewood. The college serves a region of more than 70 communities spread throughout 20,000 square kilometres. Through part-nerships with post-secondary institu-tions, the college delivers a variety of ca-reer, vocational, and academic programs to most the composite domande of cauth to meet the economic demands of south-

eastern Saskatchewan. The college offers numerous business, safety, and industrial programs and courses required to meet the diverse and challenging workplace skill sets of Sas-katchewan's economy. "In the fall of 2018 we will be run-

in the rai of 2018 we will be run-ning our Continuing Care Assistant full-time program out of Whitewood," says Sheena Onrait, manager of Marketing and Communications with Southeast College. "This a long running program that continues to be very popular in this area."

'We will also be running the Electrician Applied Certificate program out of the Moosomin campus."

Onrait says there are some major bene-"I honestly think the smaller class sizes are key. We have more one-on-one instructor time and there's a strong relationship built with their peers and with their instructors and you just can't get that in larger centres.

"We have enhanced student support. There's a student advisor at each main campus, and those student advisors are actively involved in the students' success and in the support of the student on an

ongoing basis. "Our scholarships are amazing. There are a significant amount of scholarship dollars that are available to all of our students that they can access.'

The Moosomin Campus will host their third annual Moosomin Swing for Scholarships Golf Tournament on Saturday,

June 2 at the Pipestone Hills Golf Club. Onrait says the purpose of this tourna-ment is to raise scholarship dollars that are awarded back to students in the form

of entrance scholarships, merit based scholarships and bursaries. "Across the region, we also host annual tournaments in Estevan and Weyburn. We will be looking to en-gage local businesses and community members for this initiation. Accord members for this initiative. As well, we would encourage any other business or community partner that is in-terested in finding out more about our scholarship program to contact our lo-cal campus," she says. Onrait says there are a number of

ways to connect with Southeast Col-lege in order to find out more about the wide range of courses they offer. "The best way for a student to find

out more information about all of our programs," she says, "is to visit our website at southeastcollege.org, to visit any one of our campus locations, or to call our toll free registration line at 1-866-999-7372."

Onrait says the college has a brand new, interactive website and students can now register and pay for all full-time, part-time and safety courses online

Post secondary open

house coming up in March Southeast College will be holding a PostSecondary Open House at the Moo-somin Campus the first week of March (exact date is still being determined). Stu-dents will be able to get information and register for First Year University of Regina classes and all of the college's full time programs as well. "This is the first time we have held an

"This is the first time we have held an open house event in Moosomin and we are expecting a lot of interest," says On-rait. "The Moosomin area support has played a huge part in the success of our first year offering U of R classes again."



Briercrest.ca/col-



Are you trying to choose between an edu-cation that's going to prepare you for a career or one that's going to help deepen your faith? What if you didn't have to choose?

to choose? Briercrest offers the opportunity to pursue a career while building a solid biblical foundation. Briercrest has provided solid, biblically-based

education for the past 82 years. We have equipped many pastors, missionar-ies, and other leaders to serve effectively in a va-riety of ministry contexts. But did you know that Briercrest offers more degree options besides vocational ministry degrees? Briercrest has a wide

Briercrest has a wide variety of its own market-place degrees, including two that are authorized by the province of Sas-katchewan: BA Humani-ties and BA English. We also have a num-ber of partnership agree-ments with Minot State University, Saskatchewan Polytechnic, and the Uni-versity of Saskatchewan These partnerships give These partnerships give you more diverse degree options that you can pursue while studying at Briercrest



Briercrest College

These degree options include

- Addictions Studies Communication
- Disorders Education
- Social Work
- Pre-nursing
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 Briercrest also offers
 a Certificate in Arts and
 Science! This certificate offers a broad range of arts and science courses, giving you lots of flexibil-ity to explore what your goals, passions, and ca-reer interests are. It also allows you to take firstyear university trans-ferrable courses, so that you are able to transition seamlessly into a bach-elor's degree at Briercrest

or easily transfer into a Canadian university. Many schools will give you a Christian educa-tion, but few are as inten-tional as we are about a community that is deeply committed to helping you grow in and strengthen your faith. This is why we

your faith. This is why we offer a variety of options, so you can be immersed in an atmosphere of dis-cipleship while pursuing your career path. Let us help you start better. Start at Briercrest. "One of the greatest benefits I've found at Bri-ercrest is quality educa-

ercrest is quality educa-tion infused with Christ-centred application," says Sarah Richards, a current Briercrest student.

"As I looked to attend post-secondary, I hadn't realized that I could have both at the same time. To have the opportunity to

faith.

For more information,

have the opportunity to receive comprehensive instructions in all areas of business yet gain solid training in my area of fo-cus is a valuable asset. "The best thing I have learned while at Brier-crest is that business is a ministry and I feel equipped to both per-form well both profes-sionally and missionally wherever God leads me." Sarah will be graduat-

Sarah will be graduat-ing with a Bachelor of Arts Business Admin-istration degree with a diploma in accountancy and a minor in Biblical Studies in the spring of 2018.

"Christian students who just go direct to uni-versity miss the opportu-nity to have a community that will support their faith—a family that's go-ing to be there through-out their life," says Don Taylor, dean of the col-lege. "To miss out on this community of Christians who will be a supportive group throughout life is really a tragedy. "[Briercrest] provides students the whole aca-demic preparation they need, but also in a Chris-tian community that's

tian community that's going to support their

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Elite Hairstyling and Esthetics Training Center

Training students that provide exceptional service

Elite Hairstyling and Esthetics Training Center is a training facility in Moose Jaw, Sask. We are excited to open our doors to new upcoming students in the hairstyl-ing and esthetics field. Our training facility has the most up to date equipment, curriculums, information, and is a modern training center ready to start you off in your chosen field. Elite offers a full re-tail bar, full service salon, color bar, class-

tail bar, full service salon, color bar, class-room, pedicure bar, manicure bar and full esthetics training area. Our College provides hands on learn-ing experience. We provide all the linens and supplies needed for your program. The emphasis is on the students par-ticipating in their learning process with clinics that simulate salons and spas to maximize their successful transition to employment in the industry. Our instructors are energized, excited

Our instructors are energized, excited and fully trained in their specialty ar-eas with years of experience in the field, ready to train you with the most current learning tools, technology and informa-tion

learning tools, technology and informa-tion. The Elite hairstyling course is a Paul Mitchell focus, which means you will be learning along with the Paul Mitchell line, including color, products, technol-ogy and history. We are excited to offer this at Elite Training Center. We firmly be-lieve that learning with such an exquisite product line will help you be prepared for your future career. Please visit the Paul Mitchell website to learn more about the line at www.naulmitchell.com.

Paul Mitchell website to learn more about the line at www.paulmitchell.com. The hairstyling program emphasizes strong theory and practical components in many areas including cutting, styling, chemical hair relaxing, colouring and lightening hair and more. In addition, you will also gain knowledge and skills in monitoring medications in manicuring, make-up applications, hair removal, as well as salon operations and the software commonly used in the industry. Retailing skills is an impor-tant part of the hairstyling course, as we know how important it is in your skills once leaving for the chosen work area.

Students demonstrate and practice these techniques in our fully functional salon, developing individualized styling op-tions, prescribing products and perform-ing one and buyiant practices on clients tions, preschang products and periodi-ing safe and hygienic practices on clients. In addition, you will gain future expe-rience and knowledge in the industry through a field work component. In the Elite esthetics course you will re-ceive the essential theory and hands-on eventiones of conforming a surger of con-

experience of performing a range of es-thetics treatments and services, from conventional to progressive, and alternative. The specialized esthetics training you gain will enable you to work as a professional esthetician in a variety of areas in-cluding day spas, destination spas, hotels and resorts, cruise lines and many other options. You will also be able to work in a variety of ways—as esthetician, spa in a variety of ways—as esthetician, spa therapist, make-up artist, nail technician, spa manager, cosmetic retailer, business entrepreneur, wholesale and beauty sales rep, distributor and technical trainer. Our esthetics course offers a range of profes-sional products for you to learn hands on with. We strive to bring in the best suitable professional products for you to learn with and handle, so when you transition into the career field you will be confident in your training in the esthetconfident in your training in the esthet-ics field. Students learn, demonstrate and Preform safe and hygienic practices on live clients. You will be learning all es-thetics components in a fully functional spa training facility. Elite has the highest standard of health and acfetu learning each or clients

and safety learning space for our clients and students. We feel hands on learning is the best way to learn in our industry, which is why we also offer live clients for you to practice your skills on. We strive you to practice your skills on. We strive above and beyond to create the most professional, knowledgeable graduates leaving Elite Hairstyling and Esthetics Training Center. We consider Elite to be a professional industry learning facility. We look forward to having you train with Elite and starting you off in the most evciting career!

exciting career!



- HOURS OF OPERATION -

MONDAY: 9 a.m. - 5 p.m. TUESDAY 9 a.m. - 5 p.m.

WEDNESDAY 9 a.m. - 5 p.m. THURSDAY 11 a.m. - 7 p.m.

9 a.m. - 5 p.m.

FRIDAY

2:1c

Plain and Valley

Guide to 2018 Education



Students of St. John's College

St. John's College at the University of Manitoba

The residence and student support at St. John's College at the University of Manitoba has been fostering community and academic success for over 150 years. Found-ed in 1866, this smaller, supportive community within the larger campus offers opportunities for students to enhance their education to any Univer-

education to any Univer-sity of Manitoba student who wishes to join. At St. John's College, students form life-long friendships with others from across Canada and around the world. The student association plans monthly activities from laser tag and the corn maze, to fundraising for organizations such as Si-loam Mission.

loam Mission. The study carrels rent-ed out by the student association are a hot com-modity. With 24 hour access, the study carrel rooms offer a quiet space on campus for studying. Students at St. John's Col-lege apply for exclusive use of a desk in one of two classrooms consist-ing of 30 to 45 desks in

each The 100-bed residence The 100-bed residence fosters a close-knit com-munity. About half of the residents are inter-national, while the other half are from other parts of Manitoba as well as Saskatchewan, Alberta, B.C. and Ontario. Meals shared in the Residence dining room, movie and games nights in the comgames nights in the com-mon room, and activities planned by the Residence Council, are interspersed with quiet study hours, providing balance to the academic life. When University of Manitoba students choose to become mem-bers of St. John's Col-lege, whether they live

lege, whether they live in residence or not, they in residence or not, they are eligible to apply for the scholarships and bursaries totaling over \$100,000, that are exclu-sive to St. John's College members. They receive a 10 per cent discount at the College's Daily Bread Café and Pizza Joé's, fea-turing some of the best food on campus and fair food on campus and fair trade coffee, perfect for fueling those late-night

study hours, or long con-versations with that new best friend. The Chaplain is a listening ear for all students, and the Regis-trar is an academic coach. Looking after the phys-ical, intellectual, and correctional used being of emotional well-being of its members, St. John's College is a caring group of approximately 1,000 students, 30 faculty, and 10 staff.

Dumont Technical Institute (DTI)

Dumont Technical Institute (DTI) is the adult education and skills training entity of Gabriel Dumont Institute. Established in 1992, DTI provides qualtablished in 1992, DII provides qual-ity education, training opportunities, and services to Saskatchewan's Métis. Over the past 26 years, DII has been successful in offering adult education and training programs to Métis people across the province. With the philoso-phy "Learners Come First," DII has been instrumental in helping reshape the lives of Métis individuals and comthe lives of Métis individuals and communities. DTI continues to prioritize Adult Basic Education, Health, Indus-

Adult Basic Education, Health, Indus-try/Trades, and Business training. DTI is proud of its partnerships and direct links to employers that help Mé-tis learners obtain solid employment. DTI is proud of the giant strides it has made over the years to help meet the needs of Métis learners through curric-ulum enhancement and Métis-specific programming; working cooperatively with other institutions and agencies to improve Métis participation and to improve Métis participation and success in the education system; and ultimately developing a skilled Métis workforce that will meet local, regional, and national labour market needs.

Student Services include:

- -Academic support -Tutoring and guidance -Culturally re-affirming environment -Links to employment

-Adult Education programs -Liaison with sponsoring agencies such as: GDI Training and Employment, Provincial Training Allowance, and Student Financial Assistance



-Career counseling -Essential Skills training

2018-2019 Course Offerings:

Ile-a-la-Crosse Adult Basic Education

La Loche

Adult Basic Education Trades Related Training

Prince Albert

rrince Albert Adult Basic Education Practical Nursing Year 2 Heavy Equipment Truck & Transport Mechanic

Regina

Adult Basic Education Practical Nursing Year 1 and 2 Office Administration

Saskatoon

Adult Basic Education Practical Nursing Year 2 Office Administration

Coming Administration Coming Soon Adult Basic Education GED Apprenticeship Security Officer Scaffolding Safety Tickets Class 5 Driver Training

All DTI programs are nationally and All program delivery is based on adequate client numbers and funding.

For start dates and other information, please call: 1-877-488-6888 or visit our website: www.gdins.org.



Helping Build Brighter Futures

Delivering skills training and adult basic education to Métis people

We Believe...

- ∞ "Learners Come First"
- ∞ in providing quality education.
- striving for the success of every learner.
- in showing compassion and genuine concern for the accomplishment of all learners.

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fit at Brandon University

Don't worry, we understand. Choosing the next step in your education is an exciting and stresseducation is an exciting and stress-ful, decision, and today there are more choices than ever. By now you've probably looked info sev-eral universities or colleges offer-ing a wide range of courses and the promise of setting yourself on a long and rewarding career path. The truth is, there are many great options out there, but only one you, and that's why it's so im-portant to make the right choice for you. Right now, more and more stu-dents like you are finding that

dents like you are finding that fit at Brandon University. We offer outstanding educational pro-grams, some of the most afford-able tuition rates in Canada and small class sizes that allow you to really connect with everyone else

"You really get to know the professors, the staff and the other students," says BU student Trevor McIntyre. "That familiarity makes you feel comfortable and helps you to get the most out of your courses

Everything we do is done with you as our top priority. You'll join 3,500 fellow students, making BU large enough to offer you degrees from the Faculties of Arts, Educa-tion, Health Studies and Science as well the School of Music, while as were the section of Music, while still having a compact feel. Our professors take you beyond the classroom to share with you some of their cutting-edge research. You'll attend engaging lectures, combined with valuable hands-on comparison.

experience. Many BU alumni go on to prestiious graduate programs, includ-ing our growing list of Master's degrees in Rural Development, Education, Psychiatric Nursing, Music and Science (Environmental and Life Kredica) and Life Studies).



Trevor McIntyre, Brandon University student and Student Ambassador, and Emily Simon, BU student and VP Internal of Brandon University Students' Union.

With so many choices open to you, we'll help you out every step along the way, starting before you even arrive. As a new student, you'll take part in advisory ses-sions, helping you plan which courses will help lead you to your goals. Student mentors and sup-port from faculty and staff are available all through your time here to help you do your best at whatever you choose. "Some people come to us and know exactly what they want to study, but most are still looking for the right fit," says Courtney Adams, our Acting Director of Recruitment and Retention. "By talking to students about their in-terests we can help them decide With so many choices open to

terests we can help them decide between options they're already considering or even suggest some ideas they haven't thought of yet."

Brandon is a safe, friendly city of 50,000 people, and BU offers big-school amenities at our conve-nient, walkable campus. Our students enjoy the comforts of home in our residence and dining facilities, on-campus bookstore, hair salon, licensed coffee shop, stateof-the art fitness and recreation centre and the Indigenous Peoples' Centre.

Like our students, BU is looking Like our students, BU is looking forward to a bright future, build-ing on the strengths of our tradi-tions, while embracing the chal-lenges of a changing world. "It's an exciting time to be at BU," says Adams. "You can see it in our faculty and in our students as well. There's a willingness to be

as well. There's a willingness to be innovative and be creative."

Learn more about your exciting future at brandonu.ca.



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Plain and Valley

Guide to 2018 Education Parkland College—get started on your career

A quality education is vital to your future. It's also a significant investment which sometimes requires life-chang nificant investment which sometimes requires life-chang-ing decisions. But at Parkland College, you can get the education you need without moving far away from home. Parkland College provides high quality, learner centred education and training as a foundation for lifelong suc-cess. You can complete a university degree or a skills train-ing certificate or diploma, and get started on your career. Parkland College partners with the University of Sas-

katchewan to deliver the Bachelor of Science in Nursing at the College in Yorkton. Students complete the full four-year degree locally and graduate as Registered Nurses. Parkland also works with First Nations University of Canada to offer the Bachelor of Indigenous Education in Yor-kton and Fort Qu'Appelle. This teaching degree provides graduates with enhanced understanding of Indigenous culture. And the College's long-time partnership with the University of Regina continues with the Bachelor of Social Work degree in Yorkton. But even if you're inter-

ested in another field, you ested in another held, you can take the first year of virtually any degree avail-able in Saskatchewan at Parkland College. Stay-ing close to home for that

first year can help ease the transition from high school

transition from high school classes to university work-loads, while cutting down on living expenses and saving you money. Parkland College also offers a variety of Sas-katchewan Polytechnic certificates for careers that pand scholad graduates

need skilled graduates. The Business and Office

Administration programs are ideal for anyone want-ing to work in the modern office environment. Health care options are avail-able through the Practi-

able through the Fracti-cal Nursing diploma and Continuing Care Assis-tant certificate. If you like working with your hands, the Trades and Technol-ogy Centre (TTC) in Yor-tan can be your answer

kton can be your answer. You can take one of several full-time Sask Polytech programs at the TTC: Agri-



Parkland College students in class.

Offering students the best of both worlds

St. Thomas More College (STM) pro-vides students with an intimate scholarly vides students with an intimate scholarly setting within the larger U of S campus. A combination of smaller class sizes, award-winning faculty, social activities, additional scholarship and bursary op-portunities and an in-house chef for food offerings—students enjoy an environ-ment that is the best of both worlds. STM is academically integrated with the University of Saskatchewan, and in partnership with the College of Arts and Science, providing students with over 230 additional credit classes in the humanities and social

the humanities and social sciences that they can se-lect from—many unique to the campus. Any U of S student may take STM courses as part of their U of S degrees of S degrees. Over 27,000 square feet

in additions and renewal to the College have been to the College have been completed in the past three years providing additional classroom space incorpo-rating the latest technol-ogy, dedicated student study and lounge space, faculty research

study and lounge space, racuity research space and a large natural light atrium for studying and gathering with friends. STM is also recognized for its Commu-nity Service-learning and international travel opportunities, successful drama and glee club, youth groups, a student governing body within the College and access to student advising and College ministry support

ministry support. For more information please contact one of our STM student advisors at 306-966-8900



Students in a small class setting



AVAILABLE FOR ALL U OF S STUDENTS!

Planning to attend the University of Saskatchewan? St. Thomas More College(STM) offers you an engaging learning environment - small class sizes - with award-winning faculty, within the U of S campus.

Classes taken through STM are applied to your Usask degree. Choose from classes offered in Economics, English, History, Anthropology, Archaeology, Catholic Studies, Sociology, Languages (French, Spanish, Ukrainian), Psychology, Philosophy, Political Studies, Classical, Medieval & Renaissance studies and more! Over \$180,000

in additional scholarships Check out STMCOLLEGE.CA for more college news and information. & bursaries available!

cultural Equipment Technician, Heavy Equipment/Truck and Transport Technician, Power Engineering, Welding, and Electrical.

and Electrical. And in Melville, students train for exciting careers as professional firefighters and paramedics. The College's sprawling Emergency Services Training Site just east of Melville provides ample room for hands-on exercises and real life learning. Regardless of the program you choose, a major advan-tage of going to Parkland College is the small average class size. You can have more one-on-one time with your instructors and closer relationships with your neers—ad-

class size. You can have more one-on-one time with your instructors and closer relationships with your peers—ad-vantages which can help you excel in your studies and get a leg up on your competition in the job market. Parkland College also has close connections with industry in the re-gion and across the province. Many of these partnerships are with companies who are looking to hire qualified, skilled graduates. They lead to great opportunities for stu-dents in terms of work placements, internships, and jobs. And to help your dhore the way the College's ochalor

And to help you along the way, the College's scholar-ship program awards over \$100,000 each academic year. Students taking a full-time post-secondary program at Parkland College in the fall of 2018 may apply for En-trance Scholarships from March to May. More information will be made available at scholarships.parklandcollege. sk.ca. Visit parklandcollege.sk.ca, call toll-free 1-866-783-6766, or follow @CollegeofChoice on Facebook, Twitter, and Instagram



A student welding at Parkland College.



Featured Programs for Fall 2018

Program	Dates	Length	Location		Credential
Agricultural Equipment Technician	Aug - May	36 weeks	Yorkton	\$7,000	Certificate
Bachelor of Indigenous Education	Sept - April	4 years	Yorkton, Ft. Qu'Appelle	varies	Degree
Bachelor of Science in Nursing	Sept - April	4 years	Yorkton	varies	Degree
Bachelor of Social Work	Sept - April	4 years	Yorkton	varies	Degree
Business Certificate	Aug - April	32 weeks	Yorkton, Ft. Qu'Appelle	\$3,900	Certificate
Continuing Care Assistant	Sept - May	32 weeks	Yorkton	\$5,025	Certificate
Electrician	April - Aug	17 weeks	Yorkton	\$3,000	Certificate
Firefighter	Aug - Oct	14 weeks	Melville	\$10,000	Certificate
Heavy Equipment, Truck & Transport Technician	Aug - May	36 weeks	Yorkton	\$6,450	Certificate
Office Administration	Aug - April	32 weeks	Yorkton, Ft. Qu'Appelle	\$4,200	Certificate
Power Engineering - Third Class	Aug - Jan	20 weeks	Yorkton	\$3,200	Certificate
Power Engineering - Fourth Class	Sept - May	32 weeks	Yorkton	\$5,925	Certificate
Practical Nursing	Feb 2019	2 years	Yorkton	\$12,000	Diploma
Primary Care Paramedic	Sept - June	41 weeks	Melville	\$6,015	Certificate
Welding	Sept - May	35 weeks	Yorkton	\$6,500	Certificate
University - first year	varies	varies	Yorkton	varies	Credits



By the time you apply, the information provided here may change Please visit our website for the latest details Apply online or download an application form at apply.parklandcollege.sk.ca

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Guide to 2018 Education

Many benefits to post-secondary education

The decision to pursue post-secondary education is not one that is made lightly. Many factors must be considered—your interests and skills, the length of the program, the institution you'd like to attend—but one thing is certain: higher education invariably leads to better career prospects and a better quality of life overall.

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Completing post-secondary education is an experience—it takes commitment and dedication, but it will broaden your hotakes commitment and dedication, but it will broaden your ho-rizons even beyond what you learn in the classroom. Essential life skills such as time management, interpersonal skills, and critical thinking are all learned and used in post-secondary education. They are also used extensively in every workplace. In fact, Human Resources and Skills Development Canada has identified nine skills that are used in every job, and at every lev-el of complexity. These skills, which include writing, reading, working with others and continuous learning, only improve with biober education with higher education. Although it might not be the first thing that comes to mind,

Although it might not be the first thing that comes to mind, attending a post-secondary institution also has numerous per-sonal and social benefits. It provides a great opportunity to meet a wide variety of people, and build a network of friends and contacts. People who have completed post-secondary educa-tion are also more likely to engage with, and contribute to their community through activities such as volunteering and voting. Furthermore, there is a clear relationship between educational level and tolerance for diversity—both of people and opinions

Furthermore, there is a clear relationship between educational level and tolerance for diversity—both of people and opinions. Higher education is not only important for career development; it clearly plays a role in personal development as well. What other benefits does higher education offer? Numerous studies have confirmed that individuals with post-secondary education enjoy better job prospects. According to Statistics Canada, in 2010 individuals 15 years of age and over who had completed post-secondary education had an employment rate of 72.6%. Meanwhile, those with only high school had an em-ployment rate of 61.4%, and those without even a high school diploma came in at only 33.6%. Even better, 88% of post-sec-ondary eraduates had full-time employment. ondary graduates had full-time employment. Higher education is also associated with greater job stabil-

ity. This is reflected in unemployment rates: in 2010, unem-ployment rates for those without a high school diploma were 15.9%, nearly double the average of 8%. Unemployment rates for individuals with a high school diploma were slightly higher than the average at 9%, while individuals who had completed post-secondary education had the lowest unemployment rates at 6%.

One of the most tangible benefits of higher education is, of

Great Plains College committed to leadership

Great Plains College is committed to being a leader in post-secondary and labour market development in Sas-

katchewan. Over the past number of years, the college strives to become a responsive, innovative and results-oriented in-stitution committed to meeting the needs of learners, em-ployers and communities in Saskatchewan.

ployers and communities in Saskatchewan. Great Plains College offers post-secondary certificate, diploma, degree and graduate degree programs, as well as university, safety training, Adult Basic Education and English language training at its six locations across west-ern Saskatchewan (Biggar, Kindersley, Maple Creek, Ro-setown, Swift Current, Warman). Programs include: • Administrative Assistant • Boom Tuck, Crawa & Hoist Operator

- Boom Truck, Crane & Hoist Operator

- Boom Irick, Crane & Hoist Operator (Pre-Employment)
 Business Certificate & Diploma
 Carpentry and Production Line Welding
 Continuing Care Assistant
 Early Childhood Education

- Electrician
 English Language Training
 Grade 12 & Upgrading
 Heavy Equipment Operator
 Master of Business Administration in
- Community Economic Development
 Practical Nursing

- Pre-12 & GED®
 Safety Training
 Social Work

- Youth Care Worker
 Welding
 University

Great Plains College is also proud to offer one of the most competitive scholarship programs among regional colleges

colleges. For the 2018-19 academic year, you are automatically considered for an Entrance Scholarship of \$500-\$5,000 when you apply to a full-time student-loan-eligible pro-gram before the scholarship deadline (April 30 for Sep-tember entry, or October 31 for late fall or winter entry). Grade 11 students applying to a full-time student-loan-el-igible program are also considered for an additional Early Entrance Award of \$1,000. More information about Great Plains College programs

More information about Great Plains College, programs and scholarships can be found at greatplainscollege.ca.

course, increased earning potential. According to Statistics Canada those who complete their education with a high school diploma earn 17% more, on average, than those without a high wheth there were the set of the set o school diploma. Completing post secondary education offers even greater earning potential: on average, individuals who have completed post-secondary education earn 28% more than a high school graduate.

see higher growth in earnings over the course of their lifetime. Earnings tend to increase with time, peaking around the ages

of 50 to 54. In 2000, growth in average earnings between the ages of 25 and 54 was 49% for individuals with a high school diploma, and 75% for individuals who had completed post-

control and the secondary education. Looking at the many advantages that accrue with post-sec-ondary education, a clear pattern emerges. Individuals who pursue higher education will experience greater financial and employment security, and more opportunities to connect with, and contribute to their community, culminating in greater satisfaction with life



Carpentry & Production Line Welding program



great plains

 2 employment streams 2 scholarships 1 tiny home

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Plain and Valley



Maximizing the benefits of your

TFSAs are a type of registered plan, and like all registered plans your contributions grow inside the plan without at-tracting tax; but the TFSA has some additional flexibility. Funds can be withdrawn tax-free at any time but you don't

need to withdraw or take income from them until you are ready to do so. This means they can be used for a wide range of goals—from emergency savings, to renovations and other

special purposes, or to supplement your retirement income. There are also some opportunities to income split to re-duce the overall household income tax. You don't need to have earned income to contribute to a TFSA, although you do need to watch your contribution limits to avoid paying penalties for inadvertently contributing too much.

GIFTS TO A SPOUSE If there is a higher-income spouse and a lower-income In uncer is a inguer-income spouse and a lower-income spouse in your household, you may be able to benefit from income-splitting opportunities using the TFSA. When a higher-income spouse provides funds to their lower-income spouse to contribute to their TFSA, because

Last July, the Bank of Canada (BoC) raised its key interest rate by 25 basis points, from 0.50 percent to 0.75 percent. The upward move, the first in seven years, was quickly followed by Canada's largest banks raising their prime interest rates. While an uptick in the overnight lending rate is a sign

prime interest rates. While an uptick in the overnight lending rate is a sign of the government's confidence in the growth of the Ca-nadian economy, it has specific financial implications for Canadian consumers. Homeowners and prospective homebuyers, in particular, will now have to contend with a greater cost of borrowing and home ownership, which could potentially alter their financial planning. With the prospect of further rate increases, prospective homeowners shouldn't do their mortgage calculations on 2.5-percent five-year fixed rates anymore, but on a more realistic 5-percent to 6-percent five-year fixed. Financial plans may also need to change. As interest rates go up and you need to renew your mortgage, you should consider the impact on your weekly and monthly cash flow. For instance, if you have a \$400,000 mortgage at a 2.5-percent interest rate, you may be paying about \$48 a week, but a 1-percent hike will increase your weekly payout by about \$50. If interest rates go up by 2 to 4 per-cent, you could be faced with an additional \$100 per week on your mortgage payment. The BoC's decision to hike rates also serves as a mind-

on your mortgage payment. The BoC's decision to hike rates also serves as a remind-

at a higher rate. A small increase isn't going to be detri-mental to a lot of people initially, but over time if those rates do increase, you're going to feel it. Therefore, now may be a good time to switch to a fixed-

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rate mortgage, before the rate rises again.



the income and capital gains earned in the TFSA are taxfree, there will be no attribution back to the higher income spouse. Unlike a non-registered account, the income attribution rules will not apply to the income and capital gains earned in the TFSA.

There are also implications for investment portfolios, particularly fixed-income securities. Typically, when rates rise, bond prices drop in value. Those who have a high concentration in bonds could see their investments take a hit. That's why you should have a diversified portfolio and consider investment trabiales that hadon account the

and consider investment vehicles that hedge against the negative impact of rising interest rates. However, there are benefits to rising rates, including

potentially earning more interest in a savings account. Mounting rates tend to strengthen the Canadian dollar,

too. Rising rates can help if you're looking to buy some U.S. dollars for investing in U.S. real estate, or buying

Rising interest rates mean you may need to reconsider your mortgage costs, rebalance your portfolio and/or up-date your financial plan. Ask your professional advisor

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, affecting Canadians today

What a rate hike means for you

American securities.

what's best for you.

neets your needs.

This may help achieve family income splitting, plus, as the funds in the account accumulate tax-free, there is no impact non any spousal tax credits that the higher-income spouse may be able to claim for the lower-income spouse.

may be able to claim for the lower-income spouse. Conventional income-splitting strategies consider the source of the funds being invested to determine the tax con-sequences. In contrast, when you gift funds to your spouse to invest in their TFSA, both you and your spouse can earn tax-free investment income, irrespective of which spouse provided the funds. The TFSA allows tax-free growth on the funds in the account, so there is greater potential for in-vestment growth as the contribution made by each spouse builds over time.

vestment growth as the contribution made by each spouse builds over time. It is also worth noting that if you have a lower-income spouse who has little or no earned income with which to build registered retirement savings plan (RRSP) contribution room, they may still be able to accumulate some addi-tional retirement savings using their annual TFSA contribution room.

The TFSA contribution room will continue to accrue throughout their lifetime whether or not they have earned income.

GIFTS TO ADULT CHILDREN You can use a TFSA, in addition to a registered education savings plan (RESP), as a tax-sheltered way to supplement savings for your child's education. If you gift funds to a child who is at least 18 years old, they can contribute to a TFSA. They will not pay tax on the investment income they with-draw from the TFSA as they would with RESP withdrawals. Note however that contributions to a TFSA will not attract the Canada Education Seturger Canada La Canada Cana the Canada Education Savings Grant. In addition, once you make the gift, you will no longer be able to control how it is invested, when and how much is withdrawn and how the money is used.



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